

The 5th JSOG Spring Forum

March 7th - 8th, 2015 Kyoto, Japan

Heian Jingu Shrine, Kyoto

Jizo-in Temple, Kyoto

Reported by JTOG

Japanese Trainees in
Obstetrics and Gynecology

How can we

Contribute to society?

Appeal the importance of OB/GYN
to society?

Work with pleasure?



Sixty-seven young OB/GYN doctors participated in the 5th JSOG Spring Forum held in Kyoto.

In the workshop, the main topic discussed was “the new role of OB/GYN in society.”

The lectures given by some senior doctors on themes such as how to improve surgical skills and their experiences in studying abroad strongly encouraged them.

Furthermore, they deepened exchanges through the social gathering held at the end of the forum.

Workshop

The workshop was proceeded, using Japan's original method, KJ method, which is a way to solve problems by organizing ideas provided through brainstorming.



On the first day, the participants were divided into eight groups, and each of them posed problems such as the following:

- “How can we contribute to society?”
- “How can we appeal the importance of OB/GYN to society?”
- “How can we work with pleasure?”



They also pointed out the following tasks as solutions to these problems.

- “To make medical check-ups more familiar to women”
- “To narrow the regional disparities”
- “To solve the doctor shortage problem”
- “To maintain the doctors' motivation”
- “To improve working conditions”



On the second day, they proposed the final solutions as follows.

- “Provide sex education at an earlier stage”
- “Establish consulting services for women via SNS”
- “Make it mandatory for all OB/GYN doctors to have the experience of working in rural areas”



“Create a charming mascot of OB/GYN for better promotion”

“Build a strong support system for female doctors during their pregnancy and child-rearing period”

Japan society of OB/GYN is to deliberate whether or not to adopt these solutions.

Lectures



Technical learning of laparoscopic surgery
– A message to young doctors –
Dr. Yoshihito Terai, Osaka Medical College



The forefront of ultrasound sonography in
obstetrics – What can we identify there?
Dr. Takao Sekiya, Fujita Health University



What did I gain from my experience in
studying abroad in Canada?
Dr. Yuka Yamamoto, Juntendo University



My experiences from my life in the United
States as a researcher
Dr. Takayuki Iriyama, Tokyo University



The forefront of Oncofertility
– What can we preserve for the future? –
Dr. Nao Suzuki, St. Marianna University
School of Medicine



Say 'it' first – how to write clear papers in a
short amount of time –
Dr. Shigeki Matsubara, Jichi Medical
University

Dinner Party

After the evening lectures, the dinner party began with a grand musical performance by Nissanpu OB/GYN Sound Team (NST), which is an orchestra consisted of OB/GYN doctors in Japan.



Although the participants looked nervous during the previous programs, they gradually opened up to each other as they talked about their work, environment, future and so on.



When an NST vocalist was singing on stage, her “fan club” suddenly formed in front of her, which made the party more exciting!



Postscript



Dr. Takashi Kojima, Hokkaido University,
JTOG member and participant

This spring, I participated in the 5th JSOG Spring Forum. I had a meaningful opportunity to discuss a common and important theme about the future of OB/GYN with many doctors of the same generation who gathered from all over Japan, and I was able to build valuable relationships with them.

The main theme of this forum was “How can we make OB/GYN be more needed in the society.” Among many discussions held in the small group workshops, we thought that it was necessary for OB/GYN to solve some matters to become a more demanded existence in the society; for example, working on improving our own skills and improving patient services. However, we realized that the underlying problem varied among urban and rural areas. A member from a rural area emphasized the necessity of recruiting new members because of the severe insufficiency of manpower, while another member from an urban area claimed the importance of creating ways to prevent doctors from leaving. Both issues are mutually essential in improving our working conditions. We confirmed with each other that it was very important to create good networks among the OB/GYN doctors of the same generation, to know the various problems we face, and to propose our message to JSOG and the society.



Dr. Kaoru Kawasaki. Kyoto University
JTOG member.

Sixty-seven young doctors certified by Japan Society of Obstetrics and Gynecology held discussions in the workshops held in the Spring Forum. It must have been a good opportunity for them to consider and discuss the future images of OB/GYN in Japan, as well as their own future plans. The discussion was heated much more than I had expected. This promises a bright future of Japan's OB/GYN! They were able to put spurs to, and to vitalize each other through this opportunity. I hope that the number of opportunities for young doctors to actively discuss various issues like this will keep increasing.



Dr. Takafumi Kuroda.
Sapporo Medical University, JTOG member.

It was another success for the Spring Forum and it was a pleasure to see young OB/GYN doctors, who would play important roles in the future, building a tight relationship with one another, especially of the same generation.

We wish the fresh ideas produced from this generation will break through the many difficulties faced by the OB/GYN and the society of Japan.

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